I, \_\_\_\_\_ (print your name) have chosen to participate in dance instruction given by \_\_\_\_\_\_. I acknowledge that I understand the nature of the activities I will be participating in and the possibility that despite precautions, accidents and/or physical injury may occur. I/we agree to release and hold harmless including its teachers, and staff members from any cause of action, claims, or demands now and in the future. I/we will not hold liable for any personal injury or any personal property damage or loss, which may occur on the premises before, during or after classes or which may occur at any sponsored event outside the studio. Furthermore I/we agree to read and follow the class and facility policies and take full responsibility for my/our behavior in addition to any damage I/we may cause to the facilities utilized by I authorize and agree that \_\_\_\_\_ may take and use photographs, videos or likenesses of myself as needed for its record keeping, advertising, social media and/or public relations projects and that I have no rights to the same and will not be compensated for the same. My signature is proof of my intention to execute a complete and unconditional waiver and release of all liability pursuant to the terms herein, and agreement as to all terms and conditions contained above. I am of lawful age and competent to sign this affirmation. I HAVE FULLY INFORMED MYSELF AS TO THE CONTENTS OF THIS RELEASE AND HAVE READ THE SAME PRIOR TO SIGNING.

Waiver and Release from Liability Form for Adults-